



Case Study: Remote Patient Monitoring and Patient Recruitment



INTRODUCTION

When a cutting-edge digital health company needed personnel support to provide patient-centered solutions, they contacted Shearwater Health Life Sciences. Shearwater performed Remote Patient Monitoring and Patient Recruitment services to help patients remain in the comfort of their own home while still receiving optimal healthcare services to treat their conditions, monitor for new symptoms, and intervene when necessary.

BACKGROUND

A digital health company approached the Shearwater team for support in collecting, aggregating, and analyzing data as part of a Remote Patient Recruitment and Monitoring solution to bring the care continuum into the home.

THE CHALLENGE

The company faced scale challenges as well as difficulty finding qualified clinical personnel. They needed a people infrastructure to support Remote Patient Recruitment and Monitoring. The company required support with medical expertise and the ability to maintain high quality at scale, so they turned to Shearwater.

THE SOLUTION

Shearwater:

- Provided the skills and flexibility the project required to ramp quickly
- Delivered flexible communication and a collaborative relationship
- Brought solution-oriented approaches seeking ways to identify and solve complex problems

Shearwater supported the unique needs of two programs: Home health patient follow-up and monitoring & patient recruitment into home health programs.

"We are impressed with the level of rigor with training and hiring and growing teams of people."



100%

Average Accuracy
Rate

56%

of Patients Enrolled*

100%

Volume Clearance

*Once contact is established

OUTCOMES

As a result of meeting the company's need to scale quickly and increase capacity, Shearwater supported the unique requirements of two programs with nurses. These resources collected, aggregated, and analyzed data, to provide informed and actionable insights. By connecting providers, payers, caregivers and consumers, Shearwater brought the care continuum to the comforts of patients' homes. Shearwater exceeded KPIs including 100% average accuracy rate, 100% volume clearance, and enrolling 56% of patients once contact established.

As a result of Shearwater's high-quality delivery, the company was able to achieve three key strategic endpoints:

1. Improving the health of a defined population
2. Enhancing the patient care experience
3. Reducing or controlling the per capita cost of care

CONCLUSION

Shearwater established a partnership with open and active engagement as a trusted advisor in the rapidly evolving landscape of consumerism in healthcare. With real time monitoring and management, Shearwater supported the outcomes of the program helping the patient remain in the comfort of their own home while still receiving optimal healthcare services to treat their conditions, monitor for new symptoms, and intervene when issues arise.

To partner with Shearwater Health Life Sciences or for more information about our services and capabilities, visit [ShearwaterLifeSciences.com](https://www.shearwaterlifesciences.com).

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